

**GLOBAL FUND FOR
WOMEN**

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Meeting the Moment: Kenya's Feminist Leaders

June 17 - 24, 2026

SUGGESTED PACKING LIST

Weather Conditions

Kenya's landscape varies from low-lying savannas to highland regions. Nairobi sits at about 5,300 feet (1,600 m) above sea level, giving it a pleasantly mild climate year-round, with daytime temperatures around 70–80°F (21–27°C) and cooler nights near 55°F (13°C). June falls within Kenya's dry season, so rainfall is generally minimal and many days are sunny, though occasional light showers are still possible.

Kisumu, located near Lake Victoria at a lower elevation, is warmer and more humid, with daytime temperatures generally around 75–85°F (24–29°C) and nights cooling to 60–65°F (16–18°C). June is part of the drier season, so rain is infrequent, but brief showers can still occur, particularly near the lake. Travelers should stay hydrated and use sun protection, as the combination of sun and humidity can be intense.

Luggage & Packing

We recommend packing any medications you take, a change of clothing, and any valuables in your carry-on bag in case your checked bag is lost or delayed. Be sure to have luggage tags with your contact information on each bag and a TSA-approved lock when possible.

Domestic Flight Luggage Restrictions: On the domestic flight, you are allowed a checked bag weighing up to 50 lbs (23 kgs), a personal item, and a carry-on.



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The Essentials

Documents:

- Passport (original and photocopy)
- International flight itinerary
- Medical insurance policy & emergency phone numbers
- List of medications and any existing health conditions
- Emergency contact sheet (provided by Elevate Destinations before the trip)

Travel Essentials:

- Credit cards and cash (see money section in Country Guide)
- Daypack (optional)
- Reusable water bottle

- Notebook & pens
- Book or e-reader
- Energy bars
- Glasses & sunglasses
- Travel pillow & earplugs
- Prescription medicines

Electronics:

- Camera, extra batteries, and charger
- Chargers for all electronics
- Battery power bank / charger
- Headphones or AirPods
- Plug adaptors (Type G & C) or a universal adapter for any electronics

Clothing

In Nairobi, residents dress casually in urban settings, though modest attire is appreciated in workplaces, religious sites, and formal occasions. Around Kisumu and the Lake Victoria region, communities are more traditional, and visitors should wear modest clothing, avoiding tank tops, very short shorts, or above-the-knee skirts in villages or rural areas. Clean, neat clothing is expected, especially when interacting with local residents.

- Trousers/lightweight pants/jeans
- Skirts or dresses that fall below the knee
- Light, long-sleeved shirts (preferred over short-sleeve to repel mosquitoes)



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- Short-sleeved shirts as needed
- Sweater or light jacket for cooler evenings
- A couple of versatile “nice yet casual” outfits
- Comfortable, closed-toe walking shoes
- Shawl or scarf
- Small travel umbrella
- Waterproof jacket/poncho
- Sun hat or cap
- Socks and undergarments
- Sleep wear

Medical Kit & Toiletries

- Sunscreen and lip balm with an SPF
- Toothbrush, toothpaste
- Insect repellent - Picaridin / DEET
- Prescription medication with original labels
- Cipro or other antibiotic in case of stomach issues
- Sleeping medication if helpful
- Over the counter medication
- Allergy medication and epi-pen if needed
- Rehydration salts or electrolyte powder, Emergen-C or Nuun tablets
- Anti-diarrhea medication
- Medication for indigestion - Pepto-Bismol, Tums, etc.
- Painkillers
- First aid kit - antiseptic cream, Band-Aids
- Pre-moistened antibacterial hand wipes
- Travel size soap and body or hand lotion
- Travel size shampoo and conditioner
- Hair brush, comb, hair ties or clips
- Eye drops
- Contact lenses & solution