

Experience Italy with Trustee Chair Mark and Gay Maloney

March 13 – 21, 2025

Suggested Packing List

Weather Conditions

In March, Italy begins to transition from winter to spring, with noticeable changes in weather across regions. Turin, in the north, experiences cooler temperatures ranging from 4°C to 16°C (40°F to 60°F). Rainfall is common, with about a 35% chance of light showers, especially in the latter half of the month.

Florence, in central Italy, enjoys milder conditions, with temperatures ranging from 7°C to 18°C (45°F to 65°F). Expect a mix of sunny days and occasional rain, particularly as the month progresses, with a similar 30% chance of precipitation.

Rome, located further south, tends to be warmer, with temperatures ranging from 10°C to 21°C (50°F to 70°F). While rain can occur, it is generally lighter and less frequent than in northern regions.

Travelers should dress in layers to accommodate varying temperatures and prepare for possible rain. Staying hydrated and using sunscreen is also advisable for outdoor exploration.

Luggage & Packing

We recommend packing any medications you take, a change of clothing, and any valuables in your carry-on bag in case your checked bag is lost or delayed. Be sure to have luggage tags with your contact information on each bag and use a travel-approved lock when possible

Please note: You will travel by train from Turin to Florence, with a baggage allowance of up to two suitcases per person. Each bag should have a maximum combined dimension (length + width + depth) of 183 cm, which generally accommodates most standard luggage sizes. However, please measure your bags to confirm they meet these requirements.

Experience Italy with Trustee Chair Mark and Gay Maloney

March 13 – 21, 2025

Suggested Packing List

The Essentials

Documents:

- Passport (original and photocopy)
- Visa or travel authorization documents (as applicable)
- International flight itinerary
- Medical insurance policy & emergency phone numbers
- List of medications and any existing health conditions
- Emergency contact sheet (provided by Elevate Destinations)

Travel Essentials:

- Credit cards and cash (see money section in Country Guide)
- Daypack
- Reusable water bottle

- Notebook & pens
- Book or e-reader
- Energy bars
- Glasses & sunglasses
- Travel pillow & earplugs
- Prescription medicines

Electronics:

- Camera, extra batteries, and charger
- Chargers for all electronics
- Battery power bank / charger
- Headphones or AirPods
- Plug adaptors or a universal adapter for any electronics requiring three-pronged outlets

Experience Italy with Trustee Chair Mark and Gay Maloney

March 13 – 21, 2025

Suggested Packing List

Clothing

In Italy, locals take pride in their appearance, and dressing well is a cultural norm. Whether in bustling cities or quaint towns, Italians typically opt for stylish yet comfortable clothing. While visitors are encouraged to embrace this sense of fashion, you can also incorporate elements of your own cultural style into your attire, provided it suits the local setting.

While casual attire is acceptable during the day, it's best to avoid overly casual looks like gym wear or beach attire, especially in urban areas. When visiting religious sites, such as churches or cathedrals, travelers should dress modestly—this means covering shoulders and knees. Tank tops, short shorts, and revealing clothing should be avoided to show respect for the sacred spaces.

- Trousers/lightweight pants/jeans
- Skirts or dresses
- Light, short or long-sleeved shirts
- A sweater or light jacket for cooler evenings
- A couple of versatile “nice yet casual” outfits
- At least one business casual outfit
- Evening formal wear for gala dinner
- Comfortable, closed-toe walking shoes
- Shawl or scarf
- Small travel umbrella and/or waterproof jacket or poncho
- Sun hat or cap
- Socks and undergarments
- Sleepwear

Experience Italy with Trustee Chair Mark and Gay Maloney

March 13 – 21, 2025

Suggested Packing List

Medical Kit & Toiletries

- Sunscreen and lip balm with an SPF
- Toothbrush, toothpaste
- Prescription medication with original labels
- Sleeping medication if helpful
- Over-the-counter medication
- Allergy medication and epi-pen if needed
- Rehydration salts or electrolyte powder, Emergen-C or Nuun tablets
- Medication for indigestion - Pepto-Bismol, Tums, etc.
- Painkillers
- First aid kit - antiseptic cream, Band-Aids
- Pre-moistened antibacterial hand wipes
- Travel-size soap and body or hand lotion
- Travel-size shampoo and conditioner
- Hairbrush, comb, hair ties, or clips
- Eye drops
- Contact lenses & solution