

Barr Fellowship Learning Journey to Jordan, October 2023 Program Itinerary

Welcome to your learning journey to Jordan! This itinerary is to be used as a guide for your journey. The times may change throughout, so we encourage everyone to travel with an open mind and flexibility. You will receive updates on timings, reminders on where to be and when throughout the trip both in person and over WhatsApp.

There are two supplementary documents we encourage you to review alongside of your itinerary. Neither of these documents are required readings, rather suggestions to provide context and background on the places you will visit and people you will meet.

- 1. **Contextual Briefing Guide** Bios and descriptions of the individuals you will meet and organizations you will visit.
- 2. **Pre-Trip Resource List** Articles, novels, films and video clips that provide background on Jordan; the country, politics, social issues, etc. from a variety of perspectives.

Throughout your journey, there will be **Facilitated Reflection Sessions**. We will engage in three kinds of facilitated group reflection during the trip.

- Morning Gathering: Center and ground ourselves together with intention
- Pre-Dinner Pause for Pulse: A quick go-around check in on the day
- Evening Circles: Longer time dedicated to deeper reflection on the full fellowship journey



Thursday October 12

International Group Departure

Meet at Boston Logan Airport for your group flight to Amman. Flight details below. When you arrive to the airport, check in at the American Airlines counter before proceeding to your gate where you will meet as a group. **We suggest that you arrive to the airport by 3:00 PM.**

Flight #1: American Airlines AA 4296 (Boston - New York JFK)

Time: 5:29 PM - 7:00 PM

Flight #2: Royal Jordanian RJ 0262 (New York JFK - Amman)

Time: 9:40 PM - 3:20 PM (arriving on October 13)

Friday October 13

Arrival & Welcoming

Welcome to Jordan! Arrive to the Queen Alia International Airport in Amman. You will be greeted by a representative before Immigration & Customs who will collect your passports to bring to an Immigration Officer for your visa stamp. You will then proceed to baggage claim to collect checked luggage and you will proceed to the Arrivals Hall, where you will be met by your Guide, Nader Saleh and Dana Droller from Elevate Destinations.

If you do not see our representative waiting for you in the arrivals hall please contact:

- Nader Saleh (+962 79 779 5656)
- Dana Droller (+1 203 240 6328)

You have a group transfer to the hotel where you will check in and settle into your rooms before tonight's Welcome Circle & Dinner.

6:30 PM Meet in the lobby to come together for a 45-minute *Welcome Circle* followed by a special group dinner at Burj al Hamam, one of the hotel's restaurants.

Overnight: Intercontinental Amman

Saturday October 14

Sightseeing & Grounding - As Salt and Amman

7:00 AM Start your day with breakfast at the Atrium Hotel Restaurant, available from 7:00 AM. *Clothing & Day Pack:* Comfortable walking shoes and clothing. Pack a hat or sunglasses, camera. Cash for personal shopping.

8:15 AM Gather in the lobby to walk together to the hotel terrace for a one-hour *Opening Circle* where we will set intentions for this trip. Bring your journals and pens!

9:30 AM Depart for As Salt, about a one hour drive.



Saturday October 14 (continued)

Amman Sightseeing & LGBTQI Part 1

Enjoy a 2-3 hour walking tour of the city of As Salt, followed by a traditional Jordanian lunch at a local family's home. After lunch, return to Amman to visit the Citadel. From this incredible viewpoint, you will see and learn about both the old and the new Amman.

5:00 PM Return to the hotel to refresh and relax before dinner.

6:00 PM Meet in the hotel lobby for a *Pause for Pulse* before transferring to Books@Cafe for a talk and dinner with Madian Al Jazera for Part 1 of the conversation on LGBTQl issues in Jordan and his work in Jordan and the Middle Fast.

Overnight: Intercontinental Amman

Sunday October 15

Environment, Climate Change & Conservation

7:30 AM Start your day with breakfast, at the Atrium Hotel Restaurant, available from 7:00 AM. **Clothing & Day Pack:** Comfortable walking shoes and clothing. Pack a hat or sunglasses, camera. Cash for personal shopping. Sunscreen and insect repellant.

8:30 AM Meet in the lobby for *Morning Gathering*.

9:00 AM Depart from the hotel to drive to Carob Farm in Madaba.

10:00 AM A two-hour seminar and tour of family-owned Carob Farm to learn about regenerative farming and local gastronomy. You will learn how the Carob Farm team works with nature to combat climate change and transformed a dry piece of land into a diverse food production system. Explore the magic of healthy soil and permaculture design.

12:00 PM After the seminar, you will drive to Carob Restaurant for a farm-to-table lunch with the speakers from this afternoon's panel discussion. Speakers may include:

- Rakan Meyhar Owner of Carob Farm
- Mohammad Asfour Moderator, Global Green Strategist
- Samer Judeh Jordan Wind
- Shahd Al-Mhameed Generations for Peace

2:00 PM Panel discussion on environmental issues, climate change and conservation in Jordan.

3:30 PM Set out for sightseeing in Madaba, first walking to St. George's Church which has the oldest mosaic map of Palestine and historical landmarks. From there, drive to Mount Nebo which is said to be where Moses had his last moments, overlooking the Promised Land.



Sunday October 15 (continued)

LGBTQI Conversation - Part 2

5:30 PM Return to Amman for a private dinner at Najla's Kitchen with guests, Mussa Shaeedi and Eliza Marks for Part 2 of the conversation on LGBTQI issues and advocacy in Jordan.

Overnight: Intercontinental Amman

Monday October 16

Formal & Non-Formal Education

7:00 AM Start your day with breakfast at the Atrium Hotel Restaurant. *Clothing: Business casual attire and close toed shoes.*

8:00 AM Meet in the hotel lobby for a *Morning Gathering* before departing for the Questscope office for a full day with their team and partners in the government and local schools to learn about the education system in Jordan. The schedule for today is outlined below.

9:00 AM Introduction session with Questscope Staff including:

- Dr. Curt Rhodes (Founder)
- Ma'en Rayyan (Country Director)
- Dr. Ahmad Shadid (Strategy Development Senior Manager)
- Ghana Abu El-Rous (Programs Development Manager)
- Tentative: Muthanna Khreasat (CEO)

10:45 AM Meeting at Ministry of Education.

12:30 PM Lunch at Jasmine House with Questscope staff.

2:00 PM Visit one of two Questscope's partner schools in the Al-Gweasmeh district of Amman where you will have the opportunity to observe a lesson, talk to students, facilitators and school principals.

4:30 PM After your full day with Questscope, return to the hotel for an afternoon at your leisure.

6:20 PM Meet back in the hotel lobby to leave for dinner at Um Khalil. We will have a *Pause for Pulse* at dinner this evening.

Overnight: Intercontinental Amman

Tuesday October 17

Female Empowerment

8:00 AM Start your day with breakfast at the Atrium Hotel Restaurant, available from 7:00 AM. *Clothing & Day Pack:* Comfortable walking shoes and clothing.

9:00 AM Meet in the hotel lobby for a *Morning Gathering*, before departing for Collateral Repair Project (CRP)'s Hashmi Center at **9:30 AM**.



Tuesday October 17 (Continued)

Female Empowerment

10:00 AM The visit will start with a conversion with CRP's leadership team. Afterwards you will get to speak with CRP's community members, followed by a tour of the Hope Workshop. *Please remember that visitors are not allowed to take photos of CRP staff and community members.*

Transfer to Iraq Al Amir Cooperative for lunch, a tour and a craft activity. You will have the opportunity to shop for beautiful handmade crafts at the end of your visit. Return to the hotel at around **4:30 PM** to refresh before dinner.

5:45 PM Gather in the lobby for a *Pause for Pulse* before departing.

6:30 PM Depart from the hotel to transfer to Beit Sitti for a cooking class and dinner.

Overnight: Intercontinental Amman

Wednesday October 18

Social Inclusion, Workforce Development & Entrepreneurship

7:45 AM Start your day with breakfast at the Atrium Hotel Restaurant, available from 7:00 AM. *Clothing:* Nice casual - you do not need to wear business casual for today's visits. Please note that the staff at JOHUD will likely be in business casual clothing.

8:45 AM Meet in the hotel lobby for a *Morning Gathering*.

9:40 AM Depart from the hotel and transfer to JOHUD's Al Nuzha Community Development Center.

10:00 AM At JOHUD's Community Center, you will meet with staff and have an overview of the many programs the organization has, with a special focus on their social protection and inclusion programs that includes their microfinance and social enterprise initiatives. You will have lunch at the center with JOHDU's staff before departing.

2:00 PM Visit 7Hills for a conversation with the organization's co-founder and youth leaders. After, walk across the street to the skatepark to observe 7Hills' open skate session that starts at 4:00 PM. *Please remember to not take close-up photos or selfies with program participants.*

5:00 PM Return to the hotel to refresh before dinner.

5:45 PM Gather in the lobby for a *Pause for Pulse*.

6:15 PM Depart from the hotel for dinner and a conversation at Wild Jordan with guest speaker, Dr. Oroub El-Abed.

Overnight: Intercontinental Amman



Thursday October 19

Feynan Ecolodge - Community Tourism & Sustainability

7:00 AM Have an early breakfast at the Atrium Hotel Restaurant this morning before checking out. **Clothing & Day Pack:** Comfortable walking shoes and clothing. Pack your day pack with anything you would like with you on the bus. You will be in the desert today, so wear clothes, and pack layers, that are comfortable, light weight and that you don't mind getting dusty.

Important Note: Please make sure your bags are packed. You will need to bring your large, checked suitcase to reception this morning to store at the Intercontinental. Please make sure you have a luggage lock on this bag. Remember to bring only a carry-on size bag and a backpack for your travels to Dana Reserve, Petra, Wadi Rum and the Dead Sea.

8:00 AM Depart from the hotel to transfer to Feynan Reception. This is about a 3 hour drive, including rest stops. There will be a *Morning Gathering* during the drive.

Important Note: Lunch will be late today and there will be plenty of snacks on the bus. You will also be able to purchase extra snacks along the way.

11:00 AM Arrive to the Feynan Reception area, where you will have a bio break before getting into pick up trucks for a 30 minute drive down a bumpy desert road to the ecolodge.

When you arrive to Feynan Ecolodge, their staff will brief you on the lodge and provide an overview of the schedule of activities. Depending on their occupancy, you will either get your room keys and check in before or after lunch. If after lunch, you can store your bags at reception.

12:15 PM A local guide from the Bedouin community will pick you up from the hotel and walk you to the homes of community members where you will partake in a local cultural activity. Afterwards, your guide will walk you back to the lodge for lunch.

1:30 PM Vegetarian lunch at Feynan Ecolodge.

3:00 PM Gather at the lodge's reception for a *90-minute Circle* to reflect on your Barr Fellowship experience. Bring your journals and pens!

4:45 PM Regroup in the lodge's reception area where a local guide will meet you to set out for a sunset walk.

7:00 PM Vegetarian dinner at Feynan Ecolodge.

9:00 PM The lodge hosts star gazing on the roof every evening at 9:00 PM.

Overnight Feynan Ecolodge



Friday October 20

Petra

7:00 AM Start your day with coffee or tea at the lodge's restaurant where you will collect a boxed breakfast to bring on the road.

Clothing & Day Pack: Comfortable walking shoes and clothing. There will be a lot of walking today. Pack your water bottle, sunscreen, a camera and sunglasses or a hat.

7:30 AM You will be picked up from the entrance of the lodge to drive back to Feynan's Reception Area; a 30 minute drive down the bumpy desert road in pick-up trucks.

8:15 AM Board the bus to drive to Petra, with a *Morning Gathering* and rest stops along the way.

11:00 AM Arrive to the Visitor Center at Petra where you will check in and meet your guide and evening guest speaker, Dr. Sami al-Hasanat.

11:30 AM Start your walking tour through the ancient city of Petra. Be mindful of the crowds and sellers in Petra. Along the tour, you will stop for lunch at Basin Restaurant.

2:30 PM Arrive to the Roman Bathhouse where you will meet with SELA's leadership team to learn about their programs in training, preservation & conservation. You will sit in the Bedouin tent they have set up at the archaeological site for their presentation.

After the visit, you will take a shuttle bus from the Roman Bathhouse back to the Visitors Center to board your bus and transfer to the Marriott.

5:00 PM Check in and settle into your rooms before tonight's talk with Dr. Sami.

6:00 PM Gather in the lobby to walk to the hotel's Bedouin Tent for a conversation with Dr. Sami on his area of expertise - tourism, politics and social change in the Petra Region of Jordan.

Afterwards you will have dinner at the main hotel restaurant.

Overnight Marriott Petra

Saturday October 21

Travel to Wadi Rum

8:30 AM Start your day with breakfast at your leisure, available from 7:00 AM.

Clothing: Comfortable walking shoes and clothing. Layers for this evening in the desert. Pack a day pack with anything you would like with you on the bus.

9:30 AM Gather in the lobby, with your bags before checking out.

10:00 AM Depart from the hotel to transfer to Wadi Rum, about a 2 hour drive.



Saturday
October 21
(continued)

Wadi Rum

12:00 PM Check in to the Visitors Center at Wadi Rum before driving to Suncity Camp.

12:30 PM Arrive to Suncity Camp, where you will be met by porters who will collect your bags. You will have lunch when you arrive and check in to your rooms after.

2:00 PM Meet in the main area of the Camp to hop in jeeps and depart for an afternoon desert jeep tour. The exact time of the tour will vary depending on what you are seeing and how the day pans out. After the tour, you will return to the Camp from anywhere between 4:00 and 5:30 PM.

6:00 PM Gather in the main area of the Camp for a *one-hour Circle* to reflect on the Learning Journey to Jordan. Bring your journals and pens!

7:00 PM The Camp's delicious buffet dinner is served from 7:00 PM.

After dinner, you will have the option to do a stargazing activity in the evening, which can be arranged through another, nearby camp.

Overnight: Suncity Camp

Sunday October 22

Wadi Rum

7:30 AM Start your day with breakfast at your leisure, available from 7:00 AM. **Clothing & Day Pack:** Comfortable walking shoes and clothing. Layers for this evening in the desert. Pack sunscreen, sunglasses or a hat, a water bottle and a camera.

8:30 AM Gather as a group for a *Morning Gathering* before setting out for today's adventure. Come prepared with comfortable sneakers or hiking boots for today's desert hike.

9:00 AM Today will be a full-day jeep tour of Wadi Rum including a hike of Jabal Al-Hash (about a 3 hour hike), a desert lunch, and an optional camel ride on the way back to the Camp. Please inform your Guide, Nader, know in advance if you would like to do this camel ride as this has to be booked in advance.

Important Note: Local communities in Wadi Rum have a huge respect for camels. In these communities, the camels are well taken care of and are important for the local economy.

4:00 - 6:00 PM Return to the camp to have the afternoon at your leisure. The jeep tour is flexible and can be between 2 - 4 hours, depending on the group and your surroundings.

6:00 PM Gather in the main area of the Camp for a *one-hour Circle* to reflect on the Learning Journey. Bring your journals and pens!



Sunday October 22 (continued)

Wadi Rum

7:00 PM Enjoy your last evening in Wadi Rum with Suncity's buffet dinner.

After dinner, you will have the option to do a stargazing activity in the evening, which can be arranged through another, nearby camp.

Overnight: Suncity Camp

Monday October 23

Travel to the Dead Sea

7:00 AM Start your day with breakfast at your leisure, available from 7:00 AM. Afterwards, collect your bags and check out from the Camp.

Clothing & Day Pack: We recommend you pack a swimsuit, water shoes, sunscreen and anything you may want to swim in the Dead Sea in a day pack so that it is easily accessible when you arrive to the hotel. This includes a swimsuit, water shoes, sunscreen, a hat, sunglasses and loungewear or a beach cover up.

8:00 AM Gather as a group to board the vehicle and set off for the Dead Sea. It is about a 4 hour drive, and along the way, you will have a *Morning Gathering* and rest stops.

12:00 PM Arrive to the hotel and store your luggage at reception while you walk over to II Terrazzo, the hotel's Italian Restaurant, for lunch. After lunch, you will check in to your rooms.

Note on Spa Treatments: If you would like a spa treatment (spa menu attached), we recommend booking this in advance. Please let Dana know by Tuesday, October 22 what spa treatment you would like and what time you would like to schedule it. If Dana is not able to book this the day before, we suggest booking this as soon as you arrive at the hotel.

4:00 PM Gather in the lobby to walk down to the Dead Sea together for a dip in the salty water and maybe even cover yourself in the healing Dead Sea mud!

7:00 PM Dinner tonight will be at the main restaurant of the hotel.

Overnight: Marriott Dead Sea

Tuesday October 24

Travel to Amman & Closing

8:30 AM Start your day with breakfast at your leisure, available from 7:00 AM.

You will have the morning free to relax by the Dead Sea, the pool or have a spa treatment. Be sure to have your bags packed and ready by 11:40 AM to check out before boarding the bus.

12:00 PM Board the bus to transfer to The Precious Guesthouse for lunch. After lunch you will drive back to Amman, about a one hour drive.



Tuesday
October 24
(continued)

Closing Circle & Farewell Dinner

2:30 PM Return to the Intercontinental to Amman. Check in and collect any luggage you stored at the hotel. This afternoon will be at your leisure.

4:10 PM Gather in the lobby and board the bus to transfer to Manara Art & Culture Center.

4:30 - 6:30 PM A special *Closing Circle* to end and close out this journey. Bring your journals and pens!

6:30 PM Tonight's Farewell Dinner will be at Jordan Heritage Restaurant, about a 5 minute walk from Manara Art & Culture Center. After dinner, transfer back to the Intercontinental Amman.

Overnight: Intercontinental Amman

Wednesday October 25

International Departure

6:30 AM Enjoy an early breakfast at the hotel before checking out.

7:10 AM Gather in the lobby to check out and board the vehicles. Those of you returning to Boston (flight details below) will board the bus and those of you crossing the border to Israel this morning will board a separate vehicle.

International Departure Flight to Boston:

Flight #1: Royal Jordanian RJ 0263 (Amman AMM to Chicago ORD)

Time: 11:35 AM - 4:10 PM

Flight #2: Royal Jordanian RJ 7197 (Chicago ORD to Boston BOS)

Time: 6:30 PM - 9:57 PM

Notes for those of you who are traveling to Israel via the Allenby Crossing:

- **7:20 AM** You will be picked up from the Intercontinental Amman and transferred to the Jordanian Terminal at the Allenby Border Point / King Hussein Bridge.
- Your driver will drop you off just outside of the border crossing terminal.
- From there, you will need to walk to the VIP Booking Office to book and pay for the VIP service about \$115 USD to be paid in cash. Please note that this cost is subject to change.
 - **Important Note:** This is not the same building as the Immigration & Customs Building. It is closer to the entrance where your driver will drop you off. Please be sure to ask for the VIP Service when you arrive so that you go to the right building.
- The Jordanian VIP staff will:
 - Collect your Jordanian Exit Tax which is 10 Jordanian Dinar (JOD). This must be paid in cash with local currency.
 - Walk you through security to have your luggage scanned.

-BODY TREATMENTS-

DEAD SEA NATURAL MUD WRAP (50 MINUTES)

The body is cocooned with the famous Dead Sea mud; rich in minerals and trace elements to moisturize and smooth the skin. JD72

Anti-cellulite Mud. JD76

DEAD SEA SALT BODY POLISH (25 MINUTES)

Essential trace elements from the Dead sea are used to exfoliate the skin leaving it feeling brand new. Classic, lemon, almond or papaya. **JD50**

SILKY SMOOTH BODY WRAP (30 MINUTES)

A silky cream infused with Sacred Lotus and enriched with Rice Germ oil regaining lasting comfort. **JD75**

SWEET AND SAVORY SCRUB (25 MINUTES)

Sea Salt, Brown Sugar and essential oils are gently rubbed all over the body to renew the skin. JD50

- EXPRESS THERAPIES

BACK DE-STRESSOR (25 MINUTES)

When you don't have much time, but under a lot of stress this massage focuses on the areas that retain the most stress. JD48 With hot stones. JD50

FOOT INDULGENCE (25 MINUTES)

Invigorating and refreshing leg and foot massage. JD48

HEAD IN THE CLOUDS MASSAGE (25 MINUTES)

Head and scalp massage that uses gentle, stimulating techniques to relieve muscular tension. JD45

THE SPA EXPRESS FACIAL (25 MINUTES)

When you want to look your best but don't have a lot of time this is the perfect facial for you. ${f JD50}$

MINI MUD FACIAL (25 MINUTES)

A revitalizing facial with natural minerals and trace elements from the Dead Sea. **JD50**

REFLEXOLOGY (25 MINUTES)

A trigger point massage on the feet which corresponds and relates to specific areas of the body. **JD48**

OPENING HOURS Daily from 8:30 AM - 9:00 PM

ENTRANCE FEE

For resort guests **JD20**For non-resort guests **JD30**

The Spa Experience includes day-use of the spa facilities and is complimentary when you book any of our treatments.

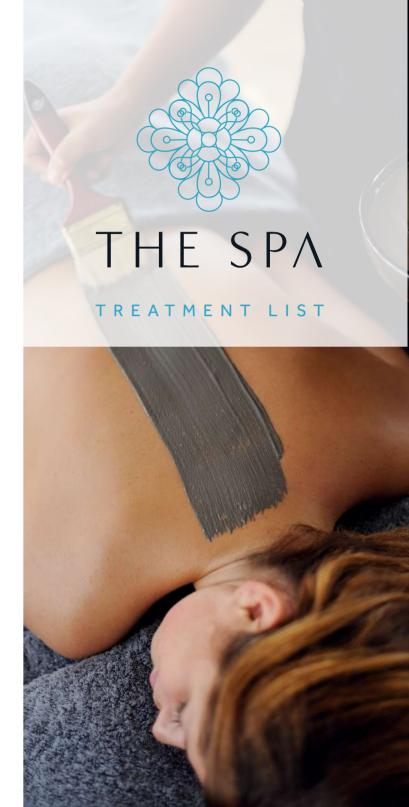
AGE RESTRICTIONS

The Spa is an adults only sanctuary catering exclusively to guests aged 18 years or older. Children, even if accompanied by an adult are not permitted within The Spa facilities or treatment area.

Only facial treatments are available for pregnant women.

CONTACT US

For more information and reservations call: +962 5 356 0400 or email: deadsea@marriotthotels.com



REJUVENATION RITUAL (150 MINUTES)

A body scrub made with Dead Sea salt crystals and dates, detoxifying heated mud wrap, deeply relaxing oud massage and to finish, an aromatherapy facial with a luxury eye treatment. **JD199**

BESPOKE (80 MINUTES)

Tailor-make your own experience by choosing any 3 of the following treatments: back, neck & shoulder massage, Arabic coffee or Lemon Mint scrub, Indian head massage, mini mud wrap or Express facial. **JD115**

ARABIAN ENVELOPMENT (80 MINUTES)

A full body treatment with an Arabian twist; a body polish and mud wrap infused with oud oil and completed with the application of Oud body butter leaving the skin feeling soft and hydrated. **JD115**

FACE & BODY RITUAL (80 MINUTES)

A sweet and savory scrub, followed by a full body calming & relaxing massage, reinitiating the body through an indescribable feeling of peace and inner strength. JD120

ONE WITH —— NATURE (OWN)

OWN RADIANCE (50 MINUTES)

Bring your OWN radiance with our healing Dead Sea mud envelopment and renew with our unique scrub that blends the Earth's natural stimulants with Dead Sea minerals. **JD78**

OWN AWAKENING (80 MINUTES)

Energize and revitalize with a healing Dead Sea mud wrap, followed by an aromatherapy oil massage to rejuvenate your body. **JD111**

OWN HARMONY (50 MINUTES)

Cleanse and exfoliate your skin with our special scrub that blends natural stimulants with Dead Sea minerals. After, relax with our back and neck massage using Dead Sea aromatherapy oil. JD78

FACIALS —

HEART OF THE OCEAN RITUALS COLD CREAM MARINE FACIAL (60 MINUTES)

A real haven for all skin types, which leaves it nourished brightened, hydrated and relaxed. JD80

EYE EXPERT TREATMENT (30 MINUTES)

This ultra-relaxing treatment combined with an eye massage mask that reduces puffiness and dark circles, gently smooths out wrinkles and fine lines and instantly rejuvenates the eye contour. **JD50**

DEAD SEA MUD FACIAL (50 MINUTES)

A deep cleansing facial using Dead Sea mud and trace elements to eliminate impurities and leave a fresh glowing look. **JD78**

SPIRULINA BOOST DETOXIFYING RITUAL (60 MINUTES)

Detoxifying treatment and high in energizing Spirulina which shields the skin against pollution, fatigue, stress and smooths wrinkles and revives the complexion leaving the skin fresh & health. JD85

HYALURONIC SMOOTH & FILL FACIAL (60 MINUTES)

This facial moisturizes the entire face and fills deep wrinkles in just one hour. The skin looks younger and the complexion is ultra-radiant. **JD86**

SILICIUM MARIN SUPER LIFT FACIAL (60 MINUTES)

This facial includes an anti-wrinkle massage and double firming mask that erases wrinkles and restores the complexion's luminosity. **JD88**

EXCEPTION MARINE REDENSIFYING TREATMENT (60 MINUTES)

This lifting facial is designed to combat all signs of ageing by redefining the facial contour and filling out wrinkles. JD88

GENTLEMEN FACIAL FULL TREATMENTS (60 MINUTES)

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for male skin, leaving it revitalized and perfectly balanced. **JD80**

— MASSAGES ——

TOTAL INDULGENCE (50 / 80 MINUTES)

A deeply relaxing head to toe aromatherapy massage using slow, controlled movements, including a face and scalp massage to relax the mind and muscles. JD80 / JD110

SWEDISH MASSAGE (50 / 80 MINUTES)

A classic full body, invigorating massage performed with medium to firm pressure to release fatigue and body aches. **JD78 / JD108**

THAI MASSAGE (50 / 80 MINUTES)

An oil-free treatment using varied techniques such as deep pressure and rocking movements to enhance energy flow leaving you refreshed and revived. JD78 / JD108

HOT STONE THERAPY (50 / 80 MINUTES)

One stroke of the warm basalt lava stones is equivalent to 10 strokes of the palm and creates an aura of warmth. The muscles are relaxed and rejuvenated in a unique sensation. JD78/JD108

COUPLES INDULGENCE (50 MINUTES)

A sensual full body massage, side by side in our couple's suite. After the treatment, spend some time relaxing on a private terrace overlooking the Dead Sea. JD156