



PHYSICIAN CERTIFICATION

_____ [print full name of program participant / patient] has advised me that s/he wishes to participate in international travel with Elevate Destinations. I understand that s/he will be traveling to Argentina with Smile Train for the following dates of travel: Nov 6-12, 2022.

I have been advised that while Elevate Destinations seeks to include all participants, regardless of physical ability or medical condition, Elevate Destinations is limited by the infrastructure and services available in the communities they visit and that medical services and treatment in the country of travel may not be of the same quality as is available in the United States.

Travelers on this trip should be able to:

- Walk at least one mile without difficulty on uneven surfaces
- Spend extended periods of time on their feet
- Climb sets of stairs without assistance
- Keep pace with an active group of travelers
- Ride comfortably in a vehicle on bumpy roads for 1 or 2 hours

In my professional opinion, _____ [print full name of program participant / patient]: (check one)

- Is medically fit to fully and safely participate in this international travel.
- IS NOT medically fit to fully and safely participate in this international travel.
- IS medically fit to fully and safely participate in this international travel, subject only to the following special requirements or accommodations (please list of applicable):

Physician Name

Physician Signature

Physician Phone Number

Physician Address

Physician City, State, Zip

Smile Train Journey of Smiles

Nov 6-12, 2022

Itinerary

Day 1: Sunday, November 6, 2022

You will be picked up from the Ministro Pistarini International Airport in Ezeiza and transferred to your hotel. Optional sightseeing in the afternoon.

The Journey of Smiles starts this evening with a Welcome Dinner.

Overnight: [Alvear Palace Hotel](#)

Day 2: Monday, November 7, 2022

Your first full day in Argentina starts with a city tour of Buenos Aires to get acclimated to the city and ground yourself in Argentinian culture and history. In the evening is a tango show.

Afterwards, head back to your hotel for a relaxing night and a good night's rest before your first day of partner visits tomorrow.

Overnight: [Alvear Palace Hotel](#)

Day 3: Tuesday, November 8, 2022

After breakfast today you will set out for your first partner visit of the trip, visiting one Association of Civil Sonrisas del Futuro. After touring the hospital and engaging with Smile Train's community here, enjoy lunch at a local restaurant before continuing on to a patient home visit.

Overnight: [Alvear Palace Hotel](#)

Day 4: Wednesday, November 9, 2022

After breakfast the group will be transferred to the airport for their flight to Mendoza, arriving in the late morning.

The next few days, you'll be staying at Finca Adalgisa, a small paradise situated amongst an old Malbec vineyard, at the heart of Mendoza's Wine Route.

After arriving in Mendoza, you will spend the day on a winery excursion, doing tasting and tours of different wineries and enjoying a traditional, gourmet lunch at one of the vineyards.

Overnight: [Finca Adalgisa](#)

Day 5: Thursday, November 10, 2022

Today will be a full day of Smile Train Partner visits. You will be transported to Hospital Pediatrico Humberto J. Notti. After lunch, you will continue on to a patient home visit.

Overnight: [Finca Adalgisa](#)

Day 6: Friday, November 11, 2022

Your last day in Mendoza will be a combination of local winery tours and perhaps a cooking class.

Overnight: [Finca Adalgisa](#)

Day 7: Saturday, November 12, 2022

Today you will depart for your flight home or extend your travels in the region!